

HEALTH

2022 IN REVIEW



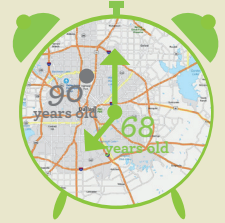
Jubilee PARK

Jubilee Park residents live

22 YEARS LESS

than those living less than four miles away.

TURNING BACK THE CLOCK FOR JUBILEE PARK



1,269 CLINIC VISITS

**from August 1-December 31, 2022*

615 IMPACTED THROUGH HEALTH AND WELLNESS

“ Jubilee Park Community Clinic will turn back the clock on health outcomes so that our neighbors not only live longer lives, but lives well-lived. — Marissa Castro Mikoy, President & CEO ”

6 YOUTH SPORTS CLUBS

304 participants

2,800+ HOURS OF EXERCISE

192 ADULT EXERCISE PARTICIPANTS

75 mental health clients

Grief/Loss, Anxiety/Depression, Self-Esteem, Relationships, Anger

JUBILEE PARK COMMUNITY CLINIC

1,269 CLINIC VISITS

33.8%

of clinic patients were first-time Parkland patients

HEALTH AT EVERY AGE

1,081 adult visits
188 pediatric visits

515 HEALTH FAIR ATTENDEES

150 served by our community garden

330 health education participants



HEALTH REPORT CARD

Our clients rate us



Over half of cooking class participants adopted healthier habits.



1 in 4 senior health participants lowered their blood pressure over 3 months.



100% agreed that their child seemed happier after they played sports.



93% agreed that their child enjoyed coming to youth sports.



88% agreed that youth sports helped their child exercise more.

GIVE

BE A CHANGEMAKER

WWW.JUBILEECENTER.ORG
HELLO@JUBILEECENTER.ORG

VOLUNTEER

HEALTH SNAPSHOT

THE PROBLEM



Jubilee Park is both a federally designated Medically Underserved Area and a food desert.



Jubilee Park seniors are 25% more likely to be living with a disability.

2X

Southeast Dallas has nearly TWICE THE RATE of adults with diabetes.

THE SOLUTION

PROGRAMS + SERVICES

- Exercise classes
- Cooking classes
- Youth sports
- Wellness workshops
- Health screenings
- Support groups
- Community health events
- Primary care for all ages
- Dental care
- Healthcare and benefits signups
- Health screenings
- Mental health counseling
- Play therapy
- Group therapy

THE IMPACT



Beyond the Court: Love, Loss, and Basketball

It was the phone call everyone prays they never get: your loved one won't be coming home. When a Jubilee mother heard the devastating news that her son's father had passed away, her legs buckled and her throat tightened. She could feel her heart break, not only for herself, but also for their son. What would he do without his best friend, his idol?

It was a mother's nightmare. She was helpless as her once carefree son retreated into himself. She knew she had to do something. When she saw that Jubilee was starting up a youth basketball program, she signed her son up. "I put him in it to try to keep his mind off his dad," she recalls. She would do anything to see her son happy again, if just for a moment.

Almost immediately, she noticed a change. On the basketball court, her son focused on three things: dribbling, passing, and shooting. Working with Coach DeVaughn, he learned to communicate better, both on and off the court. He knows he will never stop missing his dad, but now when the sadness or anger becomes too much, he laces up his sneakers and grabs his ball. Dribble. Pass. Shoot.

“
Now, when he gets mad or thinks about his dad, he goes outside and plays basketball.
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